



# AHA TODAY

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## Guests and Journeys by Susan Weintrob

Last week, on Shemini Atzeret, my husband, my mother and I were enjoying a WAM (West Ashley Minyan) luncheon with three guests, invited by WAM, to share the last days of the holiday with all of us. One of these young men, speaking to my husband, asked him about a book. My husband turned to me, "Have you ever heard of *The Bamboo Cradle*?" I said I had not only had read it, but we owned it.

The young man began talking about this moving story of a young Jewish couple, unable to have children, through what

seems a miraculous event, finding and adopting a Chinese baby. This event, extraordinary in itself, leads the Schwartzbaums to greater observance, and eventually 4 biological children of their own.

I asked the young man why he was so interested in the book—did he know the author or family? He turned to me and smiled, "The book is about my mother."

Sitting at the Shemini Atzeret lunch with Moishe was like having a favorite character from a novel come to life—eating

lunch with Miss Elizabeth Bennet or Mr. Fitzwilliam Darcy from *Pride and Prejudice*, for example. What happened when the book ended? What were the characters *really* like? Here, I had a chance to ask—so what happened after the book ended?

Devorah Schwartzbaum now Goldstein, is the mother of 7 and the young man, Moishe, is her second oldest. Now living in Baltimore, Devorah speaks frequently about her story, in addition to teaching

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## Kindergarten Food Drive by Sue McClurg

Kindergarten is collecting food for the Lowcountry Food Bank from

Monday, October 31st through Friday, November 18th. In conjunction with our unit on nutrition and Thanksgiving, Morah Alli is teaching us the blessings for different food groups. Everyone is excited to

decorate the food bins, help collect food, and to learn new prayers. Look



Your donation of non-perishable food items can help our Kindergarten class aid Lowcountry families in need!

for our colorful bins in the front hallway and help us by bringing in non-perishable food. Your donation does not have to be kosher.



**The Book Fair is Coming!**  
 Don't miss the Scholastic Book fair beginning **Wednesday, November 16th and running through Monday, November 21st!** Please contact Virginia Bat if you would like to volunteer to help!

## A Word From the Board By Phyllis Katzen

This year Fay Novit Grabin and I have the honor of co-chairing the Friends of the Academy annual campaign. This is a true labor of love for both of us. Addlestone is a part of each of our hearts and souls.

During the next few days, this year's Friends campaign brochure will be delivered to homes across our community. In it, you will read about the tremendous impact Addlestone has had on our family. We have had multiple generations attend Addlestone – and we have had multiple generations work for the long-term success of Addlestone.

Sustaining our community day school is of the utmost importance to the Charleston Jewish community.



If you go back through the history of Charleston Hebrew Institute / Addlestone Hebrew Academy graduates, you will find presidents of synagogues, Federation chairs, Holocaust Remembrance program chairs. You will find us on boards of Chambers of commerce, SPCA's, theater groups and many professional organizations. Our community day school graduates support institutions of higher learning. We help fight hunger and homelessness. The point is AHA graduates make a difference in our community and in the

world. Our graduates were raised to make a difference. They were educated to make a difference.

Addlestone has turned a corner this school year. This is the first year after 6 years of declining enroll-

ment that our enrollment is up. We want to be able to continue this trend. We each have the opportunity to make this happen – to help build the future. Once again this year, we have a generous donor match. Your investment in Addlestone will be doubled. When you make your Friends of the Academy commitment, please give with meaning. We each have the opportunity to help build the future for our children, for our families, for our community.

## A Look Inside EC3 by Mary Grant, Josh Pernick, and Shlomi Netanel

Wow, how the first two months of school have flown by! In EC3 we have focused on units learning about The Five Senses, Apples and Rosh Hashanah, Colors and Shapes and Sukkot and Fall. We will wrap up October with a unit on Noah's Ark with a focus on Spiders. Yes, they were on the ark too.

As part of our unit themes, we make special art projects in our classroom and in Hebrew class. We have each made an etrog for the Sukkah, as well as a lulav. We had a special visit from Rabbi Rosenbaum and we went out to the Sukkah to sing our songs and wave our lulav and etrog.



Truere enjoyed making a lulav and etrog and decorating the Sukkah!

During our Senses unit we used strawberry jello to paint apples and coffee to paint bears. Also, the boys and girls are very creative with their own ideas in the Art center using shapes and colors.

Along with the Art center, the other classroom centers change according to what our unit focuses on. We have used colored magnets, bears and shapes to sort in the Math center, a Sensory table with hidden apples and worms, colored noodles to make pattern necklaces in our Manipulatives center, and made labels in our Writing center to go with our crea-

tions.

Of course for most of us, our favorite time of the day is Outside Time. We can climb, run, jump and play with friends, or search for lizards and make leaves dance on our parachute.



Learning about shapes and colors is a lot of fun when it's hands on in art class!

Whether, it's learning about the Calendar, or practicing letter sounds with our Zoophonics friends, making special snacks, or singing in Music, exercising our bodies in Movement, or discovering new books in Library, playing in centers, or creating in Art, we are busy learning and having fun in EC3.

## Music at Addlestone by Amy Goldkin

As you walk down the halls of Addlestone in the morning, you'll hear the sounds of teachers and students asking and answering questions. In the midst of all these "normal" sounds of education, you might hear some loud singing or you might hear a lot of noise. Music classes are enjoyed all the way down to the Tiny Tots room, who absolutely love my African drum! The Tiny Tots class has developed a great game in which they all beat on the drum together and then stop and grab their cheeks and then go back to playing. It was an amazing thing to watch as it developed. The other EC classes have enjoyed singing songs about Rosh Hashanah and Sukkot and have even shaken their lulavim to a Jamaican beat.

However when you go down to the other end of the school you might hear what you at first think is

noise. Actually the older classes have been doing "Music with Ordinary Items". Each class has created a band or at times several bands in one class. They have used ordinary items like cookie sheets, spoons, empty water bottles, milk jugs and other common household objects. We watched or listened to STOMP videos, and have explored using ordinary items to make music. We even have



8th grade students had a lot of fun learning about the music in the world around them and making music with everyday objects!



a recording of Mr. Neil Weintrob playing his violin with an orchestra, in the Concerto for Violin and Percussion Orchestra by the late composer Lou Harrison. The "orchestra" consists of brake drums, flower pots, and cook ware. The modern piece fit right in with all the other "noise" we were making. It was a simply wonderful way to start the year with lots of experimentation and wonderful band sounds.

Some of our younger grades have done a xylophone orchestra, in which

we have worked on listening skills. The students had to follow a conductor with no speaking. And they were able to use their eyes to help make the music beautiful.

One last thing that we focused on was Kol Nidrei. This composition chanted on erev Yom Kippur is the first introduction into the holiday. We used this as a listening activity for almost all the grades. We read a story called the Magic of Kol Nidrei and even drew pictures and described the tone colors of the song. I believe it is a magical way to start Yom Kippur and as we listened to variations by different singers, it seemed to enable many children to have a deeper appreciation of our Jewish musical traditions.

Each class has its own direction this year. In the plan is learning to utilize American Sign Language in singing, learning more about orchestra instruments, hopefully having some musicians visit, connecting music and history in some of the older classes, and even listening to some popular songs and analyzing them and discussing meanings and how music continues to affect our lives. I am so excited to be a part of the school and I love the ideas and the music that are emerging from our AHA students.

## EC Judaic Studies by Tsivia Browdy

Over the past few weeks AHA's Tiny Tots and EC2s have been concentrating on our daily prayers. Together we sing Modeh Ani to thank Hashem, next we sing Torah Torah and joyfully hold and hug the Torah which is so special in our lives, the Shema which leads us to V'shenatan L'vanecha V'di Barta Bam which confirms for our chil-



Jonathan and Shila loved celebrating the holidays with Ms. Larura!

dren that Hashem is with us on our way each day where ever we are each moment of the day. It is through the repetition of prayer and song that young children begin to embrace being Jewish! We also have a great time! Our classes have also focused on the celebration and symbols of the High Holiday season. Children have used

their senses to discover new tastes, sounds, smells, and textures for each holiday. It has been exciting to see the children participating in the varied activities which allowed them to enjoy the holidays at their level. Now that we have celebrated Simchat Torah, we are anticipating learning about the Creation, Noah, and so many more stories.



Having a parade and singing songs was a fun way to learn about Simchat Torah!

# Friends of the Academy 2011

This year, we will once again have a match for our 2011 annual campaign, Friends of the Academy. Each dollar you donate to "Friends," will be matched by an anonymous donor. Last year, over half of our parent body made a gift to the campaign and 100% of our faculty and staff made a gift. This year, we hope you will join us in making a generous gift by December 2011.

Thank you to the following people who have led the way and made a gift or pledge to Friends of the Academy.

## Crown of Good Name \$5,000 +

Deborah and Morris Ellison  
Sara Beth and Samuel Rosen

## Eternal Light \$2,500-\$4,999

Lara and Scott LeRoy

## Partners in Chesed \$1,000-\$2,499

Anonymous  
Linda and David Cohen  
JJ Miller Foundation  
Ricky and Bernard Novit  
Sharon and Michael Stricker  
Laura and Jonathan Zucker

## Pillars of Torah \$500-\$999

Anonymous  
Lori and Slade Gleaton  
Phyllis and Marvin Katzen  
Jane Talbot  
Dorothy and Edgar Weiss

## Tree of Life \$250-\$499

Shari and Gary Allen  
Renee and Stephen Caplan  
Michael Cohen  
Christine and Billy Olasov

## Candle of Mitzvah \$100-\$249

Sarah Evans  
Linda and Nathan Kirshstein  
Anita and Elliot Mayer  
Leah and Aaron Pinosky  
Marcie and David Rosenberg  
Tammy and Maurice Weintraub

## **King David Society** (3 year commitment)

### ***What is the King David Society?***

The King David Society is the elite level of giving in support of Addlestone Hebrew Academy students and programs. Members of the King David Society choose to commit to either the Bronze, Silver or Gold level for 3 years. Your commitment will count as your AHA annual campaign gift (Friends of the Academy), and will be MATCHED for this year. As part of the King David Society, you will become a VIP friend of Addlestone. **By making your thoughtful gift, you will have the opportunity to set the standard for giving to the community, while simultaneously living the value of Tzedekah.**

## Gold \$10,000

Ann Therese and Eli Hyman

## Silver \$5,000

## Bronze \$2,500

Manny Cohen  
Sally and Mickey Fischbein  
Rita Haber  
Peter and Arlene Rosenthal  
Susan and Neil Weintrob

If you would like to make a gift to the Friends of the Academy Campaign or would like to be part of the King David Society, please contact Sarah Evans, Director of Development, [sarah.evans@addlestone.org](mailto:sarah.evans@addlestone.org) or 571-1105.

*"Addlestone Hebrew Academy is truly a special place! In addition to being loved, nurtured, and educated, my kids are learning about Judaism every day. I think it's wonderful that their school experience includes singing prayers, learning Hebrew, and discussing Israel. Most importantly, there is a real sense of community about Addlestone. All the people- teachers, parents, and children- truly care for each other!"*

### **-Jake Perlmutter**

Parent to Eve (EC4) and Russell (EC2)

Principal of the Jerry Zucker Middle School of Science

## Inside 1st Grade Judaic Studies by Tovi Admon

We have a very busy schedule in our first grade Hebrew / Judaic class. We have a new Ariot program that we just started. We love this program and enjoy all the wonderful cards, pictures, songs, and games! We are practicing the Hebrew

letters in lots of different ways. We are using whiteboards, playdough, meshboards, gel pads, and we are creating special art projects to go along with each letter. This way students are able to see, feel, and touch the letters.

During our reading time, we listen to a story on CD while following along in our big class book. Then



Eitan and Emma really had fun learning about the Sukkah and making their own out of construction paper!

students receive their own personal reading book where they can pick any place in the room to go and follow along in their personal books while listening to the CD a second time. Then the class will practice the story by putting on a play, retelling the story to a partner, or students are assigned a job while reading the story.

We have also been really busy preparing for the High Holidays. For Rosh Hashanah, we made Shanah Tovah cards that were sent to our family members, we learned about the sound of the Shofar and everyone had a chance to blow the shofar. We made honey cakes, we had a special Rosh Hashanah seder with the kindergarten class, we tasted the

special symbolic foods, we made a special prayer book called a ma'chzor and we said the special Rosh Hashanah blessing.

For Yom Kippur, we learned about that special day, the adult fast, and we learned about how we want to be good to each other and do nice things.

For Sukkot, everyone made a sukkah out of construction paper, we made special flag for Simchat Torah, we created decorations for the Sukkah, and we got to visit the school Sukkah.

We also learned a lot of new vocabulary words and we played a lot of great games like Around the World, What is Missing? and the Matching game etc... for memories.

We have so much fun while learning so much!



Dina chose under the table for her reading spot!

## Development News by Sarah Evans, Director of Development

The following donations have been recently given. Thank you to everyone who has donated to Adlestone!

**In honor of the birth of Reuven Lieberman, Emily and Jason Liberman's son, Phyllis and Marvin Katzen and Temmey and Carl Novit's grandson, Janet and David Gilston and Fay Grabin's great-grandson, Ricky and B. Jay Novit's nephew.**

- Linda and David Cohen
- Sarah Evans
- Lori and Slade Gleaton
- Susan and Neil Weintrob

**In honor of Jeremy Zucker's birthday**

- Carolyn and Steve Berlin

**In honor of Truere Rothschild's birthday**

- Carolyn and Steve Berlin

**In honor of the birth of Judy Solomon's great grandchildren**

- Linda and David Cohen
- Cheryl and Edward Dauber
- Judy Solomon
- Susan and Neil Weintrob

**In honor of Mickey Fischbein's 70<sup>th</sup> birthday**

- Linda and David Cohen

**In honor of West Ashley Minyan families**

- Kate and Travis Gaines

**In honor of Sally Fischbein's 55<sup>th</sup> anniversary of her Bat Mitzvah**

- Linda and David Cohen

**In honor of the speedy recovery of Rita Solomon**

- Judy Solomon

**In honor of the speedy recovery of Barbie Zucker**

- Linda and David Cohen

**In memory of Howard Caplan, Ijo Toporek's father**

- Ellen and David Brewer
- Herbert and Susan Brewer
- Jean and Randy Caplan
- Renee and Stephen Caplan
- Linda and David Cohen
- Sally and Mickey Fischbein
- Helen Jean and David Glassman
- Norman Hecht
- Marilyn Hoffman
- Margaret and Fred Levitin
- Trudy and Donald Levitin
- Andi and Earl Pollock
- Judy Solomon
- Cathy and Sandy Weinger
- Susan and Neil Weintrob

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## Guests and Journeys

(Continued from page 1)

and raising her family. Her son, the young man at our table, is currently learning in a post high school program.

I remember very clearly when I had bought and read the book about Moishe's mother. Our family had started to become more engaged Jewishly, this process filled with joys and challenges. Reading books about others on this journey was continually fascinating for me. I read *Lovesong: Becoming a Jew* by Julius Lester, former African-American activist and professor who

converts; *One God Clapping* by Alan Lew, a Jew enamored of Buddhism who eventually returns to Judaism to become a rabbi; *Turbulent Souls: A Catholic Son's Return to his Jewish Family* by Stephen Dubrow about his parents' conversion to Catholicism and his return to Judaism; and *Ordained To Be A Jew: A Catholic Priest's Conversion to Judaism* by John David Scalamonti. Each story is different, and each inspired me, helped me understand my own journey and gave me a broader perspective.

I hope that your journey this year is filled with inspiration and growth, and that all of us in the Addlestone community grow in strength together.

## The First Nine Weeks by Abby Levine, Assistant Head of School

Its hard to believe that the first nine weeks of school are over and students will be receiving report cards this week. As we just celebrated Simchat Torah and begin reading the Torah again, I have been reflecting on my first nine weeks at AHA as Assistant Head of School. To say these first nine weeks have flown by is an understatement; each day is filled with wonderful experiences and opportunities and has been enormously meaningfully for me personally and professionally.

Upon joining the Addlestone team, I knew how incredibly talented, professional, and most of all, student centered AHA is. As my first quarter of the school year comes to a close, I am even more impressed by the dedication and commitment of entire school community.

As Assistant Head of School, I not only have a variety of duties but also possess a unique view of our school. Here is a "snapshot" of my view from the first nine weeks of the 2011-2012 school year. On a daily basis I work directly with three distinct and amazing "teams"; Leadership, Student Support Services and Advancement. These teams function as follows:

**The Leadership Team** focuses on General Studies and is comprised of myself and Ms. Weintrob, the three

Area Coordinators, Ms. Peeples, Middle School, Ms. Fraley, Lower School and Ms. Murden and Ms. Cox in Early Childhood. Each Coordinator supervises their area and communicates with both Mrs. Weintrob and myself on a daily basis.

**The Student Support Services (SST)** focuses on needs of students, and works directly with students, parents, and teachers and includes Ms. Ball and Ms. Cheatham. The Leadership Teams and Student Support Team work together to address the needs of our students. This structure allows for even greater concentration on the students and teachers so that any and all needs, concerns, and accomplishments can be acknowledged and/or addressed in a meaningful and efficient way.

**The Advancement Team**, led by Ms. Weintrob, focuses on finance, Development and Admissions, and is comprised of Ms. Gleaton, Admissions Director, Ms. Evans, Development Director, and Mr. Swingle Business Manager. Together, this team with the aid of committees, the Board of Trustees, Jessica Belger and Karen Lassiter in the office, work for the continued longevity of the school through outreach and variety of programs and initiatives.

In addition, I also oversee after

school activities and participation in academic competitions through SCISA, such as the Math Meet, Spelling Bee, or Literary Meet. These programs enrich our students' life outside of the classroom, which is often just as important as life inside the classroom. This is an area we not only value but continue to nurture and grow within our school.

Additionally, Addlestone itself is about to embark on the final chapter of a very special reaccreditation process. For the past year, various members of our school community, including, teachers, staff, board members, and parents have been preparing for the SAIS/SACS accreditation team visit. In doing so, a very thorough self examination of our school has occurred. Essentially, this has been the schools' report card, and I am proud to report that we have done very well. As a school community, it is important to not only remain aware of who we are, but to be proud as well. I hope that you share my excitement and pride in our remarkable school.

# Making Predictions, Inferences, and Drawing Conclusions

By Student Support Services



Jodie Ball and Margaret Cheatham  
Student Support Services

Making predictions, inferences, and drawing conclusions are all important

components to comprehension. Learning how to make predictions, inferences, and drawing conclusions will help improve student's understanding of school assignments.

**Making Predictions-** Making predictions is an important part of learning and is an important skill to learn for comprehension skills. Readers, just like scientists, make predictions all the time. It is important for students to learn to monitor their own understanding as they read while thinking ahead to the next part. In addition to asking your children questions while they read, there are some simple games you can do at home to help your children practice their prediction

skills.

Play favorites: Choose a question that your child is excited about such as "what is our family's favorite movie to watch together?" Have your child predict or guess the answer, then record all family members answers. Ask your child to then compare their predictions to the actual answers.

Good guess: Estimation is often very similar to a prediction. Ask your child estimation questions so they can practice making predictions, such as, "how much do you think our dog weighs?, how many library books fit on the shelf?, etc.

**Making Inferences and Drawing Conclusions-** Observations occur when we can see something happening. In contrast, inferences are what we figure out based on an experience. Helping your child understand when information is implied, or not directly stated, will help improve his/her comprehension skills.

These skills are useful for all sorts of school assignments, including reading, science, and social studies. Inferential thinking is a complex skill that will develop over time and with experience, but there are also ways you can create opportunities at home to practice inferential thinking:

Draw a conclusion together and then talk about what clues were used to come to that conclusion.

Wordless picture books provide your children with practice using clues to create meaning.

Create scenarios in which your child must see what they already know to predict an outcome.

Play games. Games such as twenty questions helps build inference skills.

Have fun while practicing these important skills to help build comprehension!

## Adventures of 1st Grade by Jennifer Eisenhart

The first grade classroom has been a very busy place this school year! We began the year with a short study of what makes a community and moved straight into the study of our favorite social insect, the bee. We had so much fun learning about bees that we even became bees and made our very own hive! It was a lot of work, but being good bees, we were able to work together and accomplish



1st and 2nd grade students had a great time learning about bees and how honey is made at Bee City!

our task. We even took a field trip with the second grade to Bee City. We saw a real bee hive, made candles for Rosh Hashanah, and bottled our own kosher honey!

We continued our hard work learning about plants and the different parts that we eat. We took another field trip with the Kindergarten to see the great play *Junie B. Jones* at the Gillard Auditorium. We sat right in the front row

and used our very best manners! The show was great and we are looking forward to our next adventure!



1st grade turned into busy little bees and made their own hive!

## Because AHA is so Much More Than a School

At AHA we nurture not just students' intellectual ability and curiosity but also their personal, spiritual and social growth. Opportunities extend well beyond the classroom to include academic, athletic and creative pursuits while developing ethics, morals and leadership qualities.

As a community of families and faculty who actively participate in their children's education we engage in on-going communication among students, parents, and teachers to ensure everyone is working toward the same goals for the student.

### Please join us for Open House/Parent Forums where you can:

- get acquainted with your child's teachers for next year
- experience our programs and how they foster children's development
- hear about the vision for the school
- ask questions of our expert teachers
- share feedback and build connections with other parents
- enter a drawing to receive \$200 off of the re-enrollment fee for next year

### Forum Dates are:

#### Sun., Nov. 13 at 1:00 – Rising Kindergarten – 5<sup>th</sup> Grade

Hands On Math: get a glimpse of our experiential and center-based math program filled with fun and discovery.

#### Mon., Nov. 21 at 7:00 PM – Rising 6<sup>th</sup> – 8<sup>th</sup> Grade

AHA Middle School prepares students for high school and the 21st century. Come be amazed at a demonstration of our special programs.

#### Wed., Nov. 30 at 7:00 PM – ECE (18 mos. – EC4)

Children grow and develop skills and abilities on individual timetables. Join our teachers for a fascinating discussion about how children 18 months through 4 years old learn.

## Simchas & Celebrations

- Mazel Tov to **Carrie Ben-Yisrael**, mother of **Ana, EC4, Ali, 2nd grade, and Hesed 4th grade**, on the birth of her son on October 13th!
- Congratulations to **Anna Book, Elayna Gleaton, Jacques Horsman, Ari Levine, Misha Pekar, and Rachel Rosenberg**, Addlestone's Math Team, for placing 4th at the SCISA Math Meet on October 17th! A big thank you to **Ms. Benedetti and Ms. Fraley** for coaching the team!
- Mazel Tov to **Daphne and the Hubara Family** on the occasion of **Noa Leigh** becoming a Bat Mitzvah on October 29th!
- Congratulations to **Lara LeRoy** who will be honored with the ORT 2011 Community Achievement Award at the ORT Bruch on November 20th!
- A HUGE thank you to **Jamee Schlesinger, Ashley Kirshtein, and Rita Bachman** for taking such good care of Addlestone's garden! The garden is beautiful and all the students love planting and harvesting!



## Mark your Calendar

- **Wednesday, November 9th - Friday, November 11th** - SAIS/SACS Accreditation Visit
- **Sunday, November 13th** - Kindergarten through 5th grade Parent Forum/Open House, 1:00 pm
- **Monday, November 14th** - Mah Jongg for Addlestone Moms, 9:00 am, JCC Lobby
- **Wednesday, November 16th** - Past Board Chair Luncheon, 12:00-1:30 pm
- **Wednesday, November 16th - Monday, November 21st** - Scholastic Book Fair
- **Thursday, November 17th** - NOON DISMISSAL for EC Students only, EC Conferences, 1:00 - 5:00 pm
- **Monday, November 21st** - Middle School Parent Forum/Open House, 7:00
- **Wednesday, November 23rd** - NOON DISMISSAL - Thanksgiving Break
- **Thursday & Friday, November 24th & 25th** - NO SCHOOL - Thanksgiving Break
- **Tuesday, November 29th** - Community Leaders Luncheon, 12:00-1:30 pm
- **Wednesday, November 30th** - Early Childhood Parent Forum/Open House, 7:00 pm
- **Friday, December 2nd** - Special Person's Day
- **Saturday, December 3rd** - Pajama Havdolah, 6:30 - 7:30



## Welcome!

Addlestone would like to welcome the **Gros Family** to our school! **Henri Gros**, son of **Daniel and Kirstin**, joins us in our Tiny Tots class! We are so happy to have you here!

(Contact information included in the 2011-2012 Family Directory)

# November 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 - Beef Stir Fry, Brown Rice, Italian Vegetable Medley, Fresh Fruit and Salad Bar, Juice	2 - Chicken Nuggets, Potatoes, Capris Vegetable Blend, Fresh Fruit and Salad Bar, Juice	3 - Baked Ziti, Prince Edward Beans, Fresh Fruit, Salad Bar, Yogurt, Granola, Milk	4 - Grilled Cheese, Tomato Soup, Fresh Fruit and Salad Bar, Yogurt, Granola, Milk	5
6	7 - Salmon, Brown Rice, Salad Bar, Fresh Fruit, Yogurt, Granola, Milk	8 - Quesadillas, California Vegetable Blend, Salad Bar, Fresh Fruit, Milk, Yogurt, Granola	9 - BBQ Chicken, Brown Rice, Broccoli, Salad Bar, Fresh Fruit, Apple or Orange Juice	10 - Tortellini, Mixed Vegetables, Salad Bar, Fresh Fruit, Milk, Yogurt, Granola	11 - Spaghetti with Meat Sauce, Bermuda Vegetable, Salad Bar, Fresh Fruit, juice, Granola	12
13	14 - Pizza Bagels, Salad Bar, Fresh Fruit, Granola, Yogurt, Milk	15 - Turkey Spinach Wraps, Salad Bar, Fresh Fruit, Apple or Orange Juice	16 - Sloppy Joe, Broccoli, Salad Bar, Fresh Fruit, Granola, Apple or Orange Juice	17 - Macaroni and Cheese, Mixed Vegetables, Fresh Fruit, Salad Bar, Milk, Granola	18 - Tuna Fish Sandwich, Noodle Soup, Salad Bar, Fresh Fruit, Milk, Yogurt	19
20	21 - Pizza, Vegetable Blend, Salad Bar, Fresh Fruit, Milk, Yogurt	22 - Fish Sticks, Sweet Potato, Vegetable Medley, Salad Bar, Milk, Yogurt, Granola	23 - NOON DISMISSAL	24 - NO SCHOOL - THANKSGIVING BREAK	25 - NO SCHOOL - THANKSGIVING BREAK	26
27	28 - Tuna Wraps, Capris Vegetable, Salad Bar, Yogurt, Milk, Granola	29 - Meatball Subs, Vegetable Blend, Salad Bar, Apple or Orange Juice, Granola	30 - Honey Lemon Chicken, Brown Rice, California Vegetable Blend, Salad Bar, Juice			

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