



# AHA Today

Volume 55 Issue 1

September 2011

Tradition • Leadership • Excellence

## Cohen Media Center Update by Susan Weintrob

The Cohen Media Center at Addlestone is undergoing a change meant to make it more of a learning center for our students, a place to continue to love books, and to connect beyond the walls of the school with other students and worlds of information. We thank the many students and teachers who have helped us in this transformation.

Our computer lab has new tables and chairs and

7 new computers, thanks to the generosity of the Yashick Foundation. We will be setting up a Smart Board to better connect our students whether in Ms. Bat's Spanish class, Rabbi Rosenbaum's Jewish Court Across Time (JCAT) for our 8<sup>th</sup> grade or Coach V's computer classes.

Rearranging our shelving has enabled us to have comfortable space for computer lab seating.

Our librarian also easily sees and can help students seated in the computer lab area. Tables and chairs allow for students and teachers to use the library for group work, study and after school sessions. We still have a wonderful open space for our younger grades to sit and listen to stories and for staff and parent meetings to occur. We are organizing the

*(Continued on page 6)*

### Inside this issue:

Ms. Bat is Your Media Center Specialist!	2
After School Study Lab	2
Judaic Studies in 4th Grade	3
Destination Art Around the World	3
Development News	4
Enrollment is on the Rise	5
Opportunities Abound	5
Kindergarten News	6
Useful Training Tools for Children	7
Coach's Corner	7
Apples and EC4	8
October Lunch Menu	9

## Introducing Keshar! by Laura Zucker

For those of you who do not know me, my name is Laura Zucker and my children are Jeremy (EC3) and Gabriella (EC2). I am serving as the chair of the Keshar committee (formerly known as PSST and PA), along with Shari Allen.

Keshar, in Hebrew, means connection, which is the purpose of this organization – to bring connection between home and school. There are many ways to be involved in Keshar, from being a room parent to volunteering or helping plan an event or program for the school.



There is no fee to be a part of this organization – if you are interested, I simply ask for your time. I believe that communication with you, the parents, and your continued involvement in the school are the keys to success and happiness.

We are looking forward to the Fall Fling which will be held at the Mount Pleasant Farmers' Market on Sunday, October 30th from 10:00-11:30am. See page 5 for more information.

I am very excited to be a part of the Addlestone board and eager to have a successful, fun and interactive year. If you would like to get involved, I urge you to contact me or Shari

at [Lzucker@gmail.com](mailto:Lzucker@gmail.com) or [shari.allen611@gmail.com](mailto:shari.allen611@gmail.com).  
2011-2012 Room Parents

- Tiny Tots:** Christine Toporek and Amber Daniels
- EC2:** Diana Manaker and Samantha Perlmutter
- EC3:** Aaron Sherman, Chani Krohn and Carolyn Berlin
- EC4:** Rebecca Robinson and Maya Gabriel
- K:** Tamar Sternfeld and Rabbi Rosenbaum
- 1st:** Elisa Bluestein, Brian Dewhirst
- 2nd:** Ashley Snelwar
- 3rd:** Michelle Waters, Sima Zuger
- 4th:** Marcie Rosenberg
- 5th:** A.T. Hyman, Evaline Delson
- Middle School (6<sup>th</sup>, 7<sup>th</sup>, 8<sup>th</sup>):** Seham Lewis

**Follow Susan Weintrob's blog at [headofschool.blog.wordpress](http://headofschool.blog.wordpress.com)**



[.com](http://headofschool.blog.wordpress.com)

**Log in to read, share your comments and sign up to receive updates!**

## Ms. Bat is your Media Specialist! By Virginia Bat



This school year, in addition to being a Spanish teacher to Middle School students and a French teacher to EC4, Kindergarten and First Grades, I will also be working as a librarian/media specialist. I have been happily undertaking this role since the beginning of the school year.

You will see that the library has undergone several changes. As you enter, a few bookshelves been relocated to the right side of the room and are now aligned in rows which create a more spacious feel. Also, a set of new tables have been added to hold seven additional computers. A total of eighteen computers will be housed in the library and will be available for school work and assignments. Also, I have learned to catalog books and I am now well versed in checking them in and out and adding new patrons to the system.



Over eighty new books have been entered into the system and they are ready to be enjoyed by all: children, teachers, and parents alike!

The new additions and changes to the library would not have been possible without the help of

parents, students, and staff and a special thank you goes to:

- the Rev. Alter and Rachel Kirshstein Memorial Jewish Book Fund
- Joellen Kirshtein for donating books and adding to the collection
- the 6<sup>th</sup> and 8<sup>th</sup> graders for moving bookshelves
- Josh Pernick for taking a few



- hours off his Sunday to reshelf
- Daniel and Guy Toubiana
- Joan Hutchins
- Coach V.
- Mindy Hawkins
- Shlomi Netanel
- Susan Weintrob for having a vision and making it all possible!

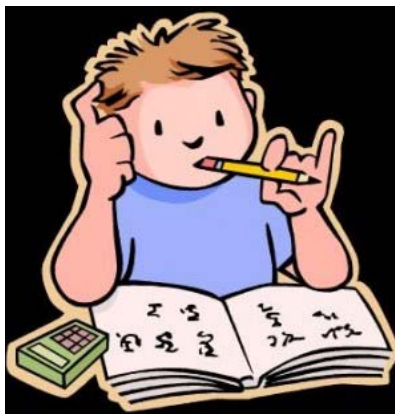
Thanks to all for making the library such an inviting place. I welcome many more to join the group of volunteers.

Finally, at our library, students will participate in the Chai Reading Award Program, Get Caught Reading Program, the Scholastic Book Fair, and many more. Stay tuned for more details of each event. Come on in and see all the new changes and remember to “Keep on Reading”!

## After School Study Lab

We are pleased to announce a new program at Addlestone which will be headed by Margaret Cheatham, Middle School Student Support teacher.

The Study Lab is a specialized program for students in Grades 4 – 8 needing structured guidance to complete daily homework assignments, missed work, and work on ongoing projects. The goal of the program is to facilitate work completed through a supportive environment while focusing on clarification of homework assignments, interpretation of directions, and assistance with other homework needs such as preplanning, time management, and



organization. The program runs Tuesday through Thursday from 3:30 to 5:00 with participation

based on **teacher recommendation only.**

The After School Study Lab is designed to provide a head start on assignments and not intended as a tutorial service. If it becomes evident that your

child need individual tutoring, either your child’s teacher or Ms. Cheatham will be in contact with you. Remember, you the parent will still need to check your child’s work

and further assist at home to insure a well-balanced week of study and assignment completion.

If your child has been recommended for the Study Lab, you will receive notification as to how long your child would receive benefits from such a program and the reason this would be beneficial. You will need to sign and return the recommendation form before your child will be granted Study Lab privileges.

We are very excited about being able to offer this program at no cost to parents. Please feel free to contact Margaret Cheatham in Student Support if you have any questions.

## Judaic Studies in 4th Grade by Riki Netanel

We have had a great start to the year in Grade 4. The month of Elul is upon us and calls for practice of many mitzvot, which we hope will come part and parcel of the character of our children. Your children will learn that there are many ways of practicing the act of praying, repentance and tzedakah in order to grow spiritually.

In our Torah class, we have started the parashah (portion) Va'yishlach. Jacob prepares for his meeting with his brother Esav (Esau). He prepares in three different ways: prayer, gifts and war. We learn from his actions that no matter if you are close to HaShem and a

righteous person, you must be prepared and not rely on miracles. This is an important example and needs to be related to own times.



Isaac has had fun learning about Rosh Hashanah and blowing the Shofar!

As we are in the month of Elul and are preparing for the High Holidays, we are strengthened by the example of Jacob. We too must pray, give tzedakah and act strongly to increase our mitzvot.

During our Hebrew class, as we start *Chaverim b'Ivrit*, our new Hebrew program, we are reviewing the use of the present tense. Students learn oral skills through conversation as well as practice through writing. We read two stories. One was about s'lichah, forgiveness. What

we learned from the story was that we need to think before we act. The other story was about the New Year, its excitement and what we wish for the New Year. We discussed this in class and each gave his or her own ideas.

Now we are starting to be focused on the holiday of Rosh HaShanah. We will be baking, learning new songs in honor of the holiday, planning a Rosh Hashanah Seder, and having fun learning with games and activities to immerse us into the holidays in the month of Tishrei.

## Destination Art Around the World by Vernell Dunmeyer

This year I would like to engage the students with a central theme in art curriculum that centers around travel. The theme I have chosen is "Destination Art Around The World". Students in grades K-8 will board various flights with layovers. Beginning flights will travel through the basic art concepts of line, form, shape, space, color and value.

Each grade's lessons will have a layover period of anywhere from two to 4 weeks. During which time students will participate in various practical applications with hands on art projects to ensure that South Carolina Standards for Visual Arts are being adhered to before each student can travel to the next area of learning. We want to see creative applications practiced within each area of our curriculum.



Within the curriculum, hours have been set aside for Jewish-related

Holiday art work. Next week, students in grades 1-5 will work on/or complete Rosh Hashanah projects.

Students in grades 6 and 7 grades will not have to board planes for this trip. As a part of the Art Curriculum this year, we will have some special art related field trips within the local area to give students a close-up of various kinds of Lowcountry Art.

Currently the grade 8 students are in layover mode visiting with lines. They learned about lines and took a trip through the AHA Building



identifying various kinds of lines. Practical application - stu-

dents were instructed to take off their right shoes and sketch



it. The shoe had to be sketched either horizontally, vertically, or diagonally. The second week, students traced their

shoes onto parchment paper, added details and color. The finished project will be posted for display in the hallway. Our Assistant Head of School, Ms. Abby Levine, also participated in this class. Great job and great talent everyone!

---

## Development News

The following contributions have been recently given. Thank you to everyone for donating to Addlestone!

**In honor of the birth of Cheryl and Edward Dauber's grandchildren, Judy Solomon's great-grandchildren**

Linda and David Cohen  
Judy Solomon

**In honor of Ava Hoffman's Bat Mitzvah**

Linda and David Cohen  
Susan and Neil Weintrob

**In honor of Phyllis Katzen's birthday**

Ricky and B. Jay Novit  
Susan and Neil Weintrob

**In honor of the birth of Emily and Jason Lieberman's son, Phyllis Katzen's grandson and Ricky and B. Jay Novit's nephew**

Linda and David Cohen  
Ricky and B. Jay Novit  
Susan and Neil Weintrob

**In honor of Jake Perlmutter's promotion to Principal at Jerry Zucker Middle School of Science**

Linda and David Cohen  
Susan and Neil Weintrob

**In honor of Judy Solomon's birthday**

Lisa and Steve Steindel

**In honor of the 90<sup>th</sup> birthday of Fay and Jack Brickman**

Linda and David Cohen  
Susan and Neil Weintrob

**In honor of Addlestone Hebrew Academy's 2011 graduates**

Linda and David Cohen  
Harriet Warshaw  
Susan and Neil Weintrob

**In honor of the 90<sup>th</sup> birthday of Itchie Sonnenshine**

Linda and David Cohen

**In appreciation of Leslie Archer's role in Connecting Jewish Women**

Susan and Neil Weintrob

**In honor of Addlestone Hebrew Academy's Kindergarten Celebration and its participants**

Linda and David Cohen  
Susan and Neil Weintrob

**In honor of Mindy Hawkins' 42<sup>nd</sup> birthday**

Sally and Mickey Fischbein

**In honor of the birth of Benjamin Landis**

Linda and Alan Cohen  
Marvin Wolpert

**In honor of the 90<sup>th</sup> birthday of Nathan Garfinkle**

Janet Berg  
Linda and David Cohen  
Fay Grabin  
Susan and Neil Weintrob

**In honor of the 85<sup>th</sup> birthday of Mimi Goer**

Shera Lee Berlin  
Janet Berg  
Linda and David Cohen  
Judy Solomon

**In honor of the 85<sup>th</sup> birthday of Florence Albert**

Shera Lee Berlin  
Judy Solomon

**In honor of the 70<sup>th</sup> birthday of Lenny Silverman**

Linda and David Cohen

**In honor of Sarah Krock's graduation from high school**

Susan Ziman

**In honor of Joe Fischbein's engagement to Brandon Cook**

Linda and David Cohen

**In honor of Sterling Liner receiving the National Society of High School Scholars Honor**

Judy Solomon

**In honor of Mr. and Mrs. Wilson Chaturongpitak**

Shera Lee Berlin

**In honor of Paul Garfinkel's birthday**

Barbie and Lenny Zucker

**In honor of the speedy recovery of Evaline Delson**

Linda and David Cohen

**In honor of the speedy recovery of Joe Engel**

Linda and David Cohen  
Fay Grabin

**In honor of the speedy recovery of Willy Adler**

Linda and David Cohen

**In honor of the speedy recovery of Faye Olasov**

Judy Solomon

**In honor of the speedy recovery of Gloria Peeples**

Linda and David Cohen

**In honor of the speedy recovery of Elsa Raven**

Judy Solomon

**In honor of the speedy recovery of Stephen Schwartz**

Judy Solomon

**In honor of the speedy recovery of Sydney Richman**

Linda and David Cohen

**In honor of the speedy recovery of Charlie Berlin**

Raina and Phil Rubin

**In memory of Aaron Sherman's grandmother**

Linda and David Cohen  
Susan and Neil Weintrob

**In memory of Ray Goodbred**

Judy Solomon

**In memory of Ray Frisch**

Joan and Fred Feldman

**In memory of Leon Wolper**

Joan and Fred Feldman

**In memory of Steve Steinert**

Joan and Fred Feldman

**In memory of Raymond Rosenblum**

Janet Berg  
Linda and David Cohen  
Sally and Mickey Fischbein  
Fay Grabin  
Rita and Arthur Kurtz  
Evelyn and Hershel Sarasohn  
Theresa and Bernard Solomon  
Judy Solomon  
Sunny and Samuel Steinberg  
Susan and Neil Weintrob  
Barbie and Lenny Zucker

**In memory of Ray Stern**

Linda and David Cohen  
Susan and Neil Weintrob

**In memory of Harold Barkowitz**

Linda and David Cohen  
Joan and Fred Feldman

**In memory of Evaline Delson's grandmother**

Linda and David Cohen

**In memory of Sophie Lovinger**

Joan and Fred Feldman

**In memory of Michael Goldberg**

Linda and David Cohen  
Marilyn Hoffman  
Susan and Neil Weintrob  
Anita Zucker

**In memory of Neil Baker**

Linda and David Cohen  
Judy Solomon

**In memory of Howard Caplan**

Linda and David Cohen

**In memory of Art Shorago**

Joan and Fred Feldman

---

## Enrollment is on the Rise

by Lori Gleaton, Director of Admissions

Welcome to the 2011-12 school year. I'm so glad to see so many familiar faces *and* so many new faces. We are starting the school year with over 30 new students and more who will be joining us throughout the year. I am thrilled that our enrollment is on the rise. Please give our new students and their families a very warm Addlestone welcome.

My family was recently having a conversation about what the kids wanted to be when they grow up. They asked me if I remembered when I was a child what I wanted to be when I grew up and I naturally replied that I wanted to be an Admissions Director. "Really?" they asked. I had to fess up that I was joking because, honestly, I never knew there was such a job. However, once I stepped into the position, I realized it is a job I can be very passionate about.

When my kids started preschool at

AHA I thought how nice, they will learn some songs and stories and we will enhance our home with a little Jewish culture. But when my daughter was ready for elementary school it became clear that Addlestone had so much more to provide for our children and our family than songs and stories.

I already appreciated Addlestone for its academic excellence and nurturing environment. But, what I also recognized was that Addlestone cultivates students who become strong human beings with a firm Jewish identity and a strong moral compass. More than a school to me, the faculty, staff and even the school community became my partners in raising my children in the best and highest good. Now that my kids are in 8<sup>th</sup>, 6<sup>th</sup> and 3<sup>rd</sup> grades I can honestly say that it is with the support of Addlestone that they are engaged students who are part of a diverse

community of peers who share interests that go beyond the popular culture to include Jewish values and performing mitzvot. That is way more than I expected when we signed up for preschool!

We have many events throughout the year that are designed to strengthen our school community, inform our parents about what sets Addlestone apart and to reach out to prospective families. I look forward to seeing you at the Jewish Fall Fling at the Farmers Market Pavilion in Mt. Pleasant on October 30 from 10:00 - 11:30 AM. This fun, family event is sponsored by AHA, PJ Library, JROC and Chabad of the Lowcountry. Kids 18 months-3rd grade will enjoy stories, crafts, balloon sculptures, outside activities and more. The event is free and open to all to attend, so invite a friend and come enjoy the fall weather.

## Opportunities Abound

by Abby Levine, Assistant Head of School

As the new year approaches, we spend time reflecting on the past year while focusing on the future. As I walk through the halls of our school, I find myself looking at the future of AHA and our community – our kids. Whether it is a child in EC feeding the fish in the office, a third grader laughing and engaging in conversation with a guest author visiting school, or middle school students presenting cell models in science, I am constantly reminded of the very special school community that we create and maintain each and every day.

We believe that providing extra curricular activities is essential to maintain and develop our school community. Recently, parents received a listing of after school activities. Why is participation in these activities so important? Our children will grow through a combination of formal and informal experiences. Our after school activities will give the kids a taste of some additional opportunities that will continue to develop them as individuals.

This Fall, students can participate in:

**Chorus (grades 2-8);** a great way to experience organized group singing and performing!

**Talmud Club (grades 6-8);** our older students will explore the world of Talmud with Rabbi Krohn  
**Mishneh Impossible (grades 3-6);** our younger students will have adventures in Torah with Rabbi Rosenbaum

**Bee Keepers (grades 2-8);** kids can sharpen their spelling bee skills. Our second graders can even get a taste of the spelling bee before they can compete in third grade.

**Yearbook Club (grades 7-8);** our oldest students will develop our yearbook while also learning from guest speakers about photography, layout, and design.

**Walking with Weikers (grades 4-8);** fitness through walking which is a great way to exercise and see the world around us!

**School Musical (grades 1-8);** an amazing activity that brings our entire AHA community together as our kids experience many facets of

the arts!

**Boys Middle School Basketball (grades 6-8);** our second year as an official team in the Trident League. Our players are gaining great skills and our school is bursting with pride as we all learn about supporting our school teams.

*If you have not seen our After School Activities Sheet, please call the office so that we can make sure you have all the details about these programs.* These are just some of our activities that we encourage your grade school student to participate in.

This January, we look forward to having a Debate club, Girls Middle School Basketball, First Aid/CPR, P.H.D. Club (Promoting Healthy Decisions) and much more. Everyone has calendars filled with so many important items, but make room for these very special AHA opportunities.

Thank you for the privilege and opportunity to work with your child and family.

Chag Samaech! Have a happy and healthy new year!

## Media Center Update

(Continued from page 1)

shelves to be neater and our books to be more easily accessible.

Our Media Center is becoming a hub for learning, through books and computers, through individuals working alone or in groups. We will be working on the Media Center look for the next few weeks. If you have time to volunteer, let us know. Even if you only have a few minutes, please come in to the Media Center and enjoy our new look.

As you may be able to tell, I have always loved libraries. I remember walking to the library as a child,



Shoshana and Ben helped reshelved books in the Media Center

and so eager to read books that I read them on the way home, often finishing one before I walked home. For a time I toyed with the idea of being a librarian, so in love was I with the smell of books, the look of them lined up row on row, the possibilities seeming endless to open the door to other worlds and lose

myself in their stories for all to short a time.

When I realized I would read more teaching literature, I became an English teacher and then a professor. I still anticipate the falling away of the world in which I live to enter the

world of the story, the excitement of ideas in essays, and more recently, connections instantly across the world through technology. It is equally exciting to see Addlestone students eagerly entering the Media Center, looking for books, listening to stories and continuing a love of learning traditional among the Jewish people, the "People of the Book."



Many thanks to the 8th grade boys who worked really hard while having lots of fun!

## Kindergarten News by Sue McClurg and Alli Debrow

Our Kindergarten class is happy to welcome Hannah Eisenman and Lillian Kane-Eames to AHA! We spent the first two weeks getting to know each other and a new class routine, learning how to hold a tray in the lunchroom, and getting to be the "big kids" at Joyful Noise.

Our class is learning about the inside of our bodies, and after each of us colored a life sized paper body, we are learning where our organs are located and how they work. Using the anatomy apron was a fun way to discover our heart is really in the middle of our chest! We have used black paint, water, and sponges for a science experiment to see just how smoking and pollution can make lungs dirty and mashed up cookies and water in a baggie to show how stomachs break down food. Everyone is looking forward



Hannah and Lillian are excited to be joining AHA in Kindergarten and we are so excited to have them here!

to our first field trip to the Gaillard Auditorium in October when we join first grade to see a play about Junie B. Jones, one of our favorite book characters. What kind of trouble will Junie B. get in this time? We cannot wait to find out!

Hebrew Kindergarten is off to a great start too! Our students are busy writing in our machberot, notebooks, singing and dancing to

new songs, and illustrating our new Hebrew vocabulary. Together we speak Hebrew around the classroom, naming our spaces, learning about each other. Throughout our day we hear Jewish stories with life lessons which guide how we treat others with kindness. Our T'fillah, prayer, time is a time for leader-

ship and the children have an opportunity to be chazan or chazanit, prayer leader. We are ready for a new year of learning!



Kindergarten has been having a good time at lunch learning to go through the lunch line



# Useful Training Tools for Children: Good Routines and Organizational Habits

By Student Support Services



Jodie Ball and Margaret Cheatham  
Student Support Services

School is back in session and students have arrived with all the right tools (such as

pencils, notebooks, and assignment pads) and basic skills (such as reading, computation, and writing) to be successful in school. The Student Support Team is giving classes in organization for notebooks, etc., planning homework and long term assignments, and other basic study skills. All of the above are designed to help the students at Addlestone become a community of leaders and thinkers. How can you the parent help at home to develop good routines and organizational habits?

Consider that the young human brain develops literally trillions of connections, called synapses, during the first ten years of life. Those that are not used repeatedly get pared away. Additionally the part of the brain responsible for insight, planning, and other big-picture executive functions does not fully de-

velop until somewhere between the ages of 18 to 25, indicating the earlier a good habit is developed, the more likely the habit is to stick over a lifetime.

Here are three ways to help you child develop positive habits such as good routines and organizational habits.

1. **Plan the week ahead.** Sit down with your children Sunday night and help them plan the week ahead. Discuss how to manage daily homework assignments and long term projects (like the Science project). Don't forget to take into account extracurricular activities as well as the schedules of everyone else in the family. Engage the children in the planning by asking questions that will allow them to make decisions while at the same time developing critical skills that will be used throughout their lives.



2. **Make a morning routine.** Mornings are hard for everyone, especially teenagers. To start children on a path of productivity, establish and maintain a morning

routine as soon as possible. The critical components are getting dressed, making the bed, eating breakfast, brushing teeth, and organizing what they need for the day. If mornings are really a problem, institute an evening routine when everyone (including Mom and Dad) can get backpacks, keys, wallets, purses and whatever else organized and ready by the door before going to bed.

3. **Good things happen to those who wait.** Nothing prepares children better for life than delayed gratification. One study showed that a child's ability to hold off on eating a cookie at age 4 directly correlated with overall success later in life. This is an extremely important habit to develop early especially when you consider controlling impulsiveness now and later in life as well. Not to say that a little treat now and then isn't a bad thing, as long as you reinforce delayed gratification. Waiting for something a person thinks they really want will also help to separate the nice-to-haves from the musts, and almost always makes whatever it is they may be waiting for more appreciated in the end.

## Coach's Corner by Coach V.

We are starting our *Second Step* program again this year for Kindergarten-8th grades. Personal safety skills are often the first prevention steps children learn to help them stay safe. The *Second Step* program helps increase children's safety and well-being by teaching them skills that reduce

their aggression and increase their social competence. We will be covering three units:



**Empathy Training** (feelings), **Impulse Control/Problem Solving** and **Anger Management**. The curriculum is user-friendly. We will use a variety of photographs, videos, life stories, discussions, role-play, model-

ing. Coaching students, will allow them to learn how to solve interpersonal problems in prosocial ways and then transfer these skills to their daily lives.



## Addlestone Hebrew Academy

1639 Wallenberg Blvd.  
Charleston, SC 29407  
Phone: 843.571.1105  
Fax: 843.571.6116  
E-mail:

addlestone@addlestone.org

### You are invited to a Jewish Fall Fling

**Where:** Mt. Pleasant Farmer's Market Pavilion

**When:** Sunday, October 30 from 10:00-11:30 AM.

Your children will be entertained with stories, arts and crafts activities, balloon art, music, games, and snacks, celebrating harvest time in a Jewish way!

Recommended for children 18 months—3rd Grade

Sponsored by AHA, PJ Library, JROC and Chabad of the Lowcountry.

Free and open to all to attend.

## Apples and EC4 by Darlinda Cox

EC4 is off to an exciting year! We have had fun learning about the holiday of Rosh Hashanah with Morah Alli and the life cycle of an apple tree. Can you believe that it starts as a seed, then grows a root, then a bud and grows into a tree bearing apples? We



loved taste testing red, yellow and green apples. Afterwards we graphed which tasted the best. Guess which color won? The red apple!

After reading, "The Apple Tree" poem students took turns looking

for the letter A and circling it. This is the beginning process of letter recognition in print. Our favorite art activity was painting with real apples. They sure do get slippery with paint on them. We are off to a great start in EC4. L'Shana Tova!

The Torah tells us that the pomegranate has 613 seeds and that there are 613 mitzvot. EC4 has had so much fun learning about Rosh Hashanah and they promise to do more mitzvot this year!



## Mark your Calendar

- **Wednesday, September 28th** - NOON DISMISSAL - Erev Rosh Hashanah
- **Thursday & Friday, September 29th & 30th** - NO SCHOOL - Rosh Hashanah
- **Friday, October 7th** - NOON DISMISSAL - Erev Yom Kippur
- **Tuesday, October 11th** - Addlestone Sukkah Building
- **Wednesday, October 12th** - NOON DISMISSAL - Erev Sukkot
- **Thursday & Friday, October 13th & 14th** - NO SCHOOL - Sukkot
- **Tuesday, October 18th** - 4th & 5th Grade Sukkah Sleep-over
- **Wednesday, October 19th** - NOON DISMISSAL - Sukkot VII
- **Thursday & Friday, October 20th & 21st** - NO SCHOOL - Shmini Atzeret & Simchat Torah
- **Friday, October 28th** - End of 1st Quarter
- **Sunday, October 30th** - Jewish Fall Fling



## Welcome!

AHA would like to welcome the Tobakos family to our school!

Andrew Tobakos, TT  
William and Kathleen Tobakos  
1574 Nantahala Blvd.  
Mt. Pleasant, SC 29464  
(843) 408-6477 (William cell)  
(843) 412-7149 (Kathleen cell)  
wtobakos@gmail.com (William email)  
kkalin1972@gmail.com (Kathleen email)

# October 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 - Pizza Bagels, Italian Vegetable Medley, Fresh Fruit and Salad Bar, Yogurt, Granola, Milk	4 - Pasta with Meat Sauce, Capris Vegetable Blend, Fresh Fruit and Salad Bar, Juice	5 - Steak Sandwich on Wheat Bun, Prince Edward Beans, Fresh Fruit, Salad Bar, Juice	6 - Baked Ziti, Bermuda Vegetables, Fresh Fruit and Salad Bar, Yogurt, Granola, Milk	7 - NOON DISMISSAL	8
9	10 - Chicken Nuggets, Baked Beans, Salad Bar, Fresh Fruit, Granola, Apple or Orange Juice	11 - Quesadillas, California Vegetable Blend, Salad Bar, Fresh Fruit, Milk, Yogurt, Granola	12 - NOON DISMISSAL	13 - NO SCHOOL	14 - NO SCHOOL	15
16	17 - Hamburger on Wheat Bun, Corn on the Cob, Salad Bar, Fresh Fruit, Apple or Orange Juice	18 - Fish Sticks, Tiny Whole Potatoes, Salad Bar, Fresh Fruit, Milk, Yogurt, Granola	19 - NOON DISMISSAL	20 - NO SCHOOL	21 - NO SCHOOL	22
23	24 - Salmon and Brown Rice, Lima Beans, Salad Bar, Fresh Fruit, Milk, Granola, Yogurt	25 - Sloppy Joes, Corn, Salad Bar, Fresh Fruit, Apple Juice or Orange Juice	26 - Asian Chicken and Vegetable Stir Fry, Salad Bar, Fresh Fruit, Apple or Orange Juice	27 - Veggie Cutlet with Pasta, Broccoli, Salad Bar, Fresh Fruit, Milk, Yogurt, Granola	28 - Egg Salad Sandwiches, Noodle Soup, Fresh Fruit, Salad Bar, Milk, Granola	29
30	31 - Falafel and Pita, Mixed Vegetables, Salad Bar, Fresh Fruit, Milk, Yogurt					

Non-discrimination Statement: This explains what to do if you believe you have been treated unfairly. In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write to USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue, SW, Washington, DC 20250-9410 or call 202-720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.